



DECLUTTER YOUR HOUSE

30-day challenge

Day 15

Gather all paper clutter throughout your house. Throw away obvious trash items and put the rest in a stack to deal with tomorrow.

Day 16

Take the stack of paper, throw away unneeded papers and divide the rest into 3 piles:

- Bills to pay/thing to deal with NOW
- Papers to file or keep on hand
- Kids' papers to keep

Pay bills and deal with the items that need to be dealt with immediately, or put a note or alert in calendar to deal with in the coming days. If you have a filing system, file the papers that need to be filed. If not, set aside and make a plan to create a filing system. For kids' paper, create a file for each child and put their work in it.

Day 17

Clean and reorganize a cupboard or drawer anywhere in your home. Take everything out, get rid of the junk (trash & donate), wipe clean, and reorganize.

Days
18-21

Declutter your kids' clothes. Recommended strategy:

- start with one child's clothes
- gather all clothes from drawer, closets and storage
- divide out by style and size into stacks (e.g. 5T pants, 5T short sleeved shirts etc)
- go through each pile and determine what can be donated, thrown away or kept.

HOW DID YOU DO THIS WEEK?